

Canadian Label Design & Compliance Checklist



- ✓ Bilingual requirements (French Canadian)
- ✓ Mandatory minimum type size of required information
- ✓ Product identity and common name
- ✓ Country of origin requirements
- ✓ Ingredient common names
- ✓ Metric net quantity declaration
- ✓ Unique UPC/Barcode requirements
- ✓ Allergen declaration requirements
- ✓ Nutritional facts table
 - ✓ size and placement
 - ✓ serving size, calculation method, & rounding rules
- ✓ Nutrient content claims
- ✓ Health, function and composition & quality claims
- ✓ Organic Regulations / Natural Health Products
- ✓ Food-specific labelling requirements
 - ✓ Dairy, Eggs, Chocolate, Fish & Seafood, Fresh Fruits & Vegetables, Fats & Oils, Honey, Maple, Meat & Poultry, Grains & Bakery

Resources:

[Guide to the Consumer Packaging and Labelling Act](#)

[Guide to Food Labelling for Industry](#)

[Guidelines for the Labelling of Cosmetics](#)

[About Natural Health Product Regulation in Canada](#)

[Food and Drug Regulations](#)

[Organic Products Regulations](#)

[Reference Manual for the Consumer Chemicals and Containers Regulations \(household cleaners\)](#)

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we build natural brands - fluidcreative.ca

maryjo@fluidcreative.ca

email us today if you are
interested in growing your business
into the Canadian Marketplace.